

MAYOR'S CHARITIES FOR 2011-2012



Acorn Pregnancy Counselling Centre
Acorn House
Stanford Square
Worthing
BN11 3EZ

Tel: (01903) 823 893

Acorn Pregnancy Counselling Centre has been offering its services to the residents of Worthing for 16 years. Trained volunteers are available to women (and their partners) who find themselves unexpectedly pregnant or who are struggling following pregnancy loss (miscarriage, still birth or post abortion). We give clients time in a safe environment to explore their options and offer further support whatever decision is made. In addition we offer a range of ongoing support and practical help such as befriending and equipment loan. Acorn's schools team, at the invitation of several local high schools each year, see approximately 1600 young people. The sessions focus on relationships, pregnancy, unplanned pregnancy and the options available.

Contact: Rob Ferguson – telephone: 01903 260504 – email: robbieferg2@tiscali.co.uk or Jan Holden – telephone 01903 502143
Charity number: 1094389

+++++



For better mental health

For 40 years, Worthing and Arun Mind has been working with people in the local area presenting with a broad range of mental health problems. We provide community services, housing support, peer support, supported employment and complimentary therapy.

The work of the organisation supports people on an individual basis to better manage their lives, strengthen their relationships, improve their skills for working and living, enter education and employment and live in suitable and stable accommodation. The aim of our work is to improve people's mental wellbeing and support their recovery from a mental health problem.

We work in partnership with clients and other organisations, ensuring we offer a range of choice within our services and have an up to date knowledge of what is available in the local area. We understand the unique challenges facing each person and offer flexible support that is responsive to each step in a person's journey.

Contact: Gemma Davis, Marketing and New Initiatives Manager, Worthing and Arun Mind, 83 Little High Street, Worthing, BN11 1DH, Direct Dial: 01903 603092
Charity Number: 260274

+++++



Since its opening in October 2005, Oak Grove College has established itself as a thriving school community. We are proud of the care, support and encouragement we offer to our students. In return, our students make an outstanding contribution to the work and life of the school.

The College provides a very special education for those who experience difficulties with their learning. We put personalisation of learning at the heart of what we do. As the needs of students are so varied and individual, we aim to provide a fulfilling and enjoyable educational experience for them all. This includes opportunities to develop curricular knowledge and skills but equally important, the personal and social skills to learn and work with others. The innovative curriculum provides opportunities to specialise in aspects of vocational learning in Key Stage 4 and prepares students well for the future.

The strengths of the Arts enabled Oak Grove College to become a specialist arts school, through which we have taken our work out to the community with events such as the Film Festival and the school production of Beauty and the Beast at The Connaught Theatre.

The school is pioneering in many others ways too; students benefit from an extensive sports programme and are supported to take part in local, regional and national competitions; our award winning grounds provide an inspiring setting for environmental education, horticulture and many practical skills.

First and foremost, we value people. We recognise within our school community the diversity of people, their differing strengths and needs, their individuality. We offer to everyone the respect and fairness we ourselves would wish to receive. All members of staff model these

qualities to our students and through the school's behaviour code, we help students to develop their own standards, personal responsibility and an understanding of what it means to be a good citizen.

The school ethos touches everyone and is the embodiment of inclusion.

Contact: Sharon Kettlewell, Business Manager, Oak Grove College, The Boulevard, Worthing, West Sussex BN13 1JX Fax No: 01903 705439 email address: bursar@oakgrove.w-sussex.sch.uk
Registered Charity No: 271168 - Oak Grove College PTA

+++++

The Lauren Jones Foundation



Lauren Jones was a talented 13 year old football player who had just got through trials with Brighton & Hove Albion when she fell from a tree whilst out with friends breaking her back and paralysing her from the waist down in JUNE 2009.

Never one to 'do miserable' and certainly not one to sit around Lauren swiftly adjusted to her new life and found a new outlet for her sporting prowess in the form of wheelchair Tennis. Lauren Left Rehabilitation at Stoke Mandeville in NOVEMBER 2009, she attended her old school for a few weeks before Christmas and returned to full time education at the start of the new school year.

She began training at David Lloyd with her newly appointed coach Andrew Cook in February of 2010 and attended her first LTA Tennis camp in Swindon in March.

Since then Lauren has been selected for the GB Futures programme and has worked hard to achieve her ambition of representing Great Britain in the Paralympics.

2012 has come too soon but Lauren has worked her way up the Junior rankings and is now RANKED GB No1 JUNIOR GIRL and Holds a World Ranking of 136 In the Main Draw Adults, astonishing progress.

Lauren is convinced she will make her dream a reality and is due to travel to BELGIUM in AUGUST 2011 her first tournament abroad.

She Will attend the NATIONAL CHAMPIONSHIPS at the end of MAY in an attempt to win the JUNIOR TITLE.

THE LAUREN JONES FOUNDATION was set up to assist her in the purchase of equipment etc shortly after her accident by friends and family. The Funds raised pay for travel, accommodation, entry fees and various sports chairs etc required to play at this level, without the generous support of the local community this would not be possible as competing in all areas of the country is very expensive, her recent tournaments have included PRESTON, HULL, SUNDERLAND, TAUNTON and now off to GLOUCESTER.

If you would like to keep up to date with Lauren's progress please feel free to email her at jonesy0072009@live.co.uk.

Contact: Mr & Mrs M.K.Jones 34 Offington Drive, Worthing, West Sussex, BN14 9PN. Email: suzycj01@orange.net

+++++

Please make any donations payable to the "Mayor's Charity Fund".

Receipts will be sent on request.

Raffle prizes small or large always welcome.